

Workshop in a Box Learning Packages

Award winning, effective teaching materials for Meals on Wheels volunteers, home health workers, or anyone who provides services to the elderly. Everything required to create a successful workshop is included in one compact package. **Created by Sharon Johnson of Oregon State University.**

Maximizing Brief Encounters Seminar Series

Good communication is vital. It is a key component in understanding and addressing life safety issues for the aging adult. Community volunteer programs help the aging adult to remain in their own homes for a longer period of time. These workshops provide the needed education to help volunteers and home health aides be more effective at both communicating with aging adults and recognizing when family may need to be contacted or services may need to be referred.

Research supports the importance of reassurance communication in maintaining the overall mental and physical health of aging adults. Enter OLiVeR and a simple, tested approach to understanding how to effectively communicate with older adults in volunteer situations and in health, human service or caregiving settings. **The OLiVeR technique (Observe, Listen, Validate and Respond or Report)** is at the core of each of the learning packages in the Maximizing Brief Encounters seminar series.

Each topic is sold separately, or purchase the entire set!

Limited time offer:
Instructor Packages
\$99 each or
Purchase 3 Learning
Packages for \$250
or all 7 for \$595

Purchase one learning package for each instructor and a student workbook for each workshop participant.

May be used as independent study with the Video CD included in the learning package.

Student workbooks may be purchased separately for each learning package. The workbooks contain printed slides with room to take notes, handouts, resource lists, activity sheets, and information from government and university extension services.

Student Workbooks 5 Pack: \$25.00
Student Workbooks 10 Pack: \$50.00
Overhead Transparencies: \$40.00

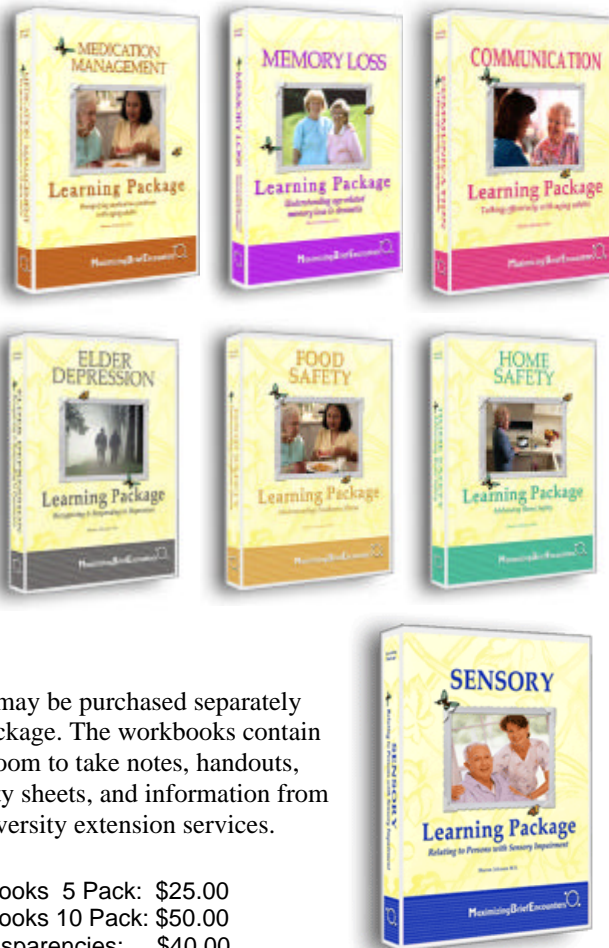
To purchase, go to
www.MealsOnWheelsTraining.com
Or call 541-535-5552
Purchase online at the secure website
with a credit card or
Fax a purchase order to 541-326-4239

Now you can successfully create either a 2 or 4 hour workshop with these professional materials!

Interactive Media Publishing
111 E. 1st St, PO Box 1407
Phoenix, OR 97535
Phone: 541-535-5552

Maximizing Brief Encounters

**Winner of the 2005
Healthcare and Aging
Award** from the
American Society on
Aging
www.asaging.org



What is Included?

Each learning package has everything required to create a successful 2 or 4 hour workshop in one compact box.



Each Workshop in a Box Learning Package includes:

- An Instructor's Guide book with step by step instructions on how to create a successful workshop and speaking notes for each slide!
- Two CDs—one containing video with the author's voice and the other a PowerPoint presentation you can modify and documents to print or modify.
- A press release that can be adapted to promote the workshop.
- Printable handouts, checklists, reference materials, workshop evaluation form and a short quiz.
- Overhead transparencies can be ordered or created from the included PowerPoint presentation.
- A Student Workbook containing slide printouts, handouts, and activity sheets (additional copies may be purchased in bundles of 5 or 10).
- Laminated items to pass around the room or post on the walls.
- Activity guide sheets with step by step instructions on how to conduct the activities.



LEARNING PACKAGE CONTENTS

- Vinyl organizing case
- Instructor Guidebook
- One Student Workbook
- Presentation in a variety of formats
- A sample press release to send out
- Printable evaluation forms
- Printable activity sheets and quizzes
- Technical support is available for CDs

Learning Packages **AVAILABLE NOW!**

- 1. Communication:** Talking effectively with aging adults
 - Importance of attitude in communication
 - Basic communication strategies
 - Communication challenges as we age
 - How to overcome these challenges
- 2. Medication Management:** Recognizing medication problems with aging adults
 - How age affects the actions of medications
 - The most common medication problems
 - The signs of adverse reactions
 - How to support good medication management
- 3. Memory Loss:** Understanding age-related memory loss & dementia
 - How to identify normal age-related changes in memory.
 - Ways to manage memory loss.
 - How to identify memory loss linked to dementia.
 - How to communicate effectively with people who have a memory loss.
- 4. Home Safety:** Making the home safe for aging persons
 - Signs that indicate a home is unsafe
 - Ways to make a home safer
 - The most common risks and how to prevent them:
 - Falls
 - Fractures
 - Fire
- 5. Sensory Difficulties:** Relating to persons with sensory impairment
 - Common age-related changes in the senses
 - How these changes make a person feel
 - How to relate to someone with sensory loss
 - How to help someone overcome a sensory loss
- 6. Elder Depression:** Recognizing and responding to depression
 - How depression differs from grief
 - How to recognize depression
 - What places a person at risk of depression
 - Strategies for working with depressed individuals
- 7. Food Safety:** Understanding and avoiding foodborne illness
 - Which groups are at the greatest risk?
 - The importance of hand washing
 - Factors that are keys to assuring food safety
 - Symptoms of foodborne illness

Guarantee a successful workshop with the professional PowerPoint slides and instructor notes provided for each slide.

May also be used for independent study—a study guide, video presentation on CD, and quiz are included in the package.

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